HELLO HEALTH CARE WORKERS »

We aren't reminded enough of the integral, social impact human and animal care has on global health care delivery. We know this as **One Health**.

**At CVHS our mission is strong.**

- Educate and develop skilled veterinarians for a lifetime of investigation, innovation, and care and protection of animal health
- Discover and disseminate knowledge concerning health and disease mechanisms of biomedical and veterinary medical importance
- Create and utilize effective methods for the diagnosis, treatment and prevention of animal disease and those transmissible to humans; and
- Provide a state-of-the-art veterinary medical resource center that serves the citizens of Oklahoma, the nation, and the world.

Simply put, our mission is "*Healthy Animals, Healthy People.*"

But do we take time to honor and recognize the day-to-day clinical output, the mind-blowing researchers, the tech support, grant writers, facilities support, the RDVM's, the faculty, staff and countless other dedicated professionals contributing to the success of our health care team?

**Not enough.** Most of these champions glean reward from the service they supply in a seamlessly tireless, endless loop.

Perhaps while we develop the leaders in the profession of tomorrow, we **should pay homage** to strengthening the health workforce we pass in the hallways daily. What might this look like? Could be a deep bow to Lin Liu, a high ten to Drew Hanzlicek, an OMG, what-would-we-do-without-you, Jerry Malayer. Maybe it's a note, an unexpected kindness, a text or email affirming a team member for the importance of their contributions.

**Living well isn't just a trend.** It's how you think, how you treat others and the world that surrounds you. And, what you treasure. So, when you see a kindness, speak it. That simple act has astonishing power.

**THAT EMERGING DEMON BACTERIA »**

Class of 2018, the bugs are calling. Here are some sustainability tips to relieve the pressure of realizing the world's safety from pandemic rests on your shoulders.

- **Don't discard your professors.** They are accessible to consult on grey matters.
- **Make sure you're using all of your resources.** Alumni are willing to dissect even the most intricate of bugs. Find one [here](http://vetmedresource.org/)
- **Reduce, reuse, recycle.** **http://vetmedresource.org/** The complete online veterinary information service - the perfect support tool for research and continuing education.
- **Use the glassware.** Take ten now-and-then.
- **Cut down on waste.** Stay with the brand you love and when you're ready, hire a CVHS grad.

As you prepare yourselves for the massive professional prospect pool, remember, we stand behind you as mentors, a text away. Now that's health care.

**CALL FOR DISTINGUISHED ALUMNI NOMINATIONS »**
The deadline is approaching for nomination of a classmate or colleague for Distinguished Alumnus 2018. Three CVHS alumni are honored annually who are exemplary in areas of Practice, Academia and Research. Eligibility requirements and a list of previous recipients is available at nominate. Nominations remain eligible for three years. Deadline to nominate is May 1. Let’s roll.

Anndddd, it’s F R I D A Y. Let me thank you for your time.

Give CVHS Alumni Affairs Fund Make a contribution today to honor your health care colleague.