IT'S POULTRY MONTH

That bird. How do you feel about it?

Is the big bird ridiculously insulting and/or down right deplorable? In November, particularly in the mid west, the bird is a thing. Whatever your traditional values, if you are celebrating thankfulness this season, remember turkey protocol.

Bird murder might be offensive unless you're a pathologist. They have a license for knives.

Stuffed? Or not?

Plan your attire accordingly but remember the hues of this (and every month) are orange and black. Selfie with the bird? Just no.

Whatever your feast-beast plans, family dynamics, food prep, seating arrangements and home keeping can be likened to a slow form of medieval torture.

Here are some practices to help you enjoy the Celebration of the Bird without the temptation to use the knifes 'um, creatively.

- Prep table topics. Politics is a violation of, say, propriety.
- Promote equality. Embrace the sibling species.
- Evoke climate change. Human extinction kinda redirects the consciousness.
- Remember love? It's a form of courage.
- Weapons-grade-debate-in-progress? Hit pause. The turkey will eventually take out the enemy.
- Hail Mary? Open the bubbly. Effervescence is magical!

Oh, and hey pineapple.salad7 - that seems like a good side - email me for a Friday Bit prize if this is your contact.

AAEP CONFERENCE - CVHS ALUMNI RECEPTION, SAN FRANCISCO

CVHS is headed to the 64th Annual AAEP Convention in San Francisco. Meet Dean Carlos Risco (and me) at the alumni reception on Monday evening, December 3rd, 6:00 p.m. at Sierra F room, San Francisco Marriott Marquis, 780 Mission Street, 94103.

Alumni and friends enjoy complimentary beverages, food, door prizes and college updates. Message/call 405-612-5359 or email Sharon if you need assistance. Registered attendees, watch your email for reception reminders.

CLASS OF 1969 - TIME TO TALK TURKEY

While it is the season of the bird, it's time for you to consider migrating home to your 50th Class Reunion coming in May 2019. Don't duck out on this one because the day happens in conjunction with the Hooding Ceremony for the Class of 2019! You'll be hearing from me often between now and the approaching reunion with details of your special day in Stillwater. Begin to pull your biography together because I'll ask for it to be
submitted well in advance of May. Watch your emails, the Friday Bit and post box for more information or contact me directly here.

**GRATITUDE DOESN'T NEED TO BE HUNTED ➤**

In November, let F R I D A Y S remind you to spend time with people, places or things that make you feel grateful. Really commit to your community. Sow the seeds of gratitude and finally, remember to say thanks to your colleagues, clients, and to whomever you're thankful for now and throughout the year.

**Give CVHS Alumni Affairs Fund** You know what to do and I am grateful for you.